



| training for business |

# Foundation Leadership Programme

## AUCKLAND Open Programmes for 2025

Suzanne Wilson - Facilitator

Open Programme 1	Open Programme 2	Open Programme 3	Open Programme 4	Open Programme 5
<b>Day 1</b> - 5 February <b>Day 2</b> - 26 February <b>Day 3</b> - 19 March <b>Graduation</b> - 9 April	<b>Day 1</b> - 10 April <b>Day 2</b> - 1 May <b>Day 3</b> - 22 May <b>Graduation</b> - 12 June	<b>Day 1</b> - 10 June <b>Day 2</b> - 1 July <b>Day 3</b> - 22 July <b>Graduation</b> - 12 August	<b>Day 1</b> - 20 August <b>Day 2</b> - 10 September <b>Day 3</b> - 1 October <b>Graduation</b> - 22 October	<b>Day 1</b> - 9 October <b>Day 2</b> - 30 October <b>Day 3</b> - 20 November <b>Graduation</b> - 11 December

**VENUE:** Stardome Observatory, One Tree Hill Domain, 670 Manukau Road, Epsom, Auckland

### DAY 1:

#### Module 1: Communication & Goal Setting

9am-12.30pm

#### Module 2: Developing Effective Teams

1pm-4.30pm

- Understanding their own communication style
- Identify other styles
- Strategies to communicate more effectively
- Goal setting & planning
- Tips for effectiveness
- Identifying priorities & planning
- The qualities of an effective team
- Understanding the difference between a group & a team
- 4 stages of team development
- Team problem-solving & decision making
- Identifying key ingredients for high performance

### DAY 2:

#### Module 3: Leadership vs Management

9am-12.30pm

#### Module 4: Motivation & Delegation

1pm-4.30pm

- Leadership vs management
- The impact of effective leaders
- Communicating vision
- Personal leadership styles
- Leadership challenges & solutions

- Motivation
- Recognition & appreciation
- Empowering your people
- The art of delegation

### DAY 3:

#### Module 5: Coaching Performance

9am-12.30pm

#### Module 6: Managing Change

1pm-4.30pm

- The role of the coach in the business
- Skills for effective coaching
- Coaching performance issues
- New skill development

- Understanding the value of change
- Aspects of managing change in the workplace
- Identifying a process for managing change
- Managing people through change

### DAY 4 - GRADUATION (2hrs):

9am-11am

Participant presentations to Managers. Followed by a celebration of success.